Book List for Death & Dying

Take a new perspective on death & dying, the sacredness of this path.
From life to death. To the rebirth of the eternal soul and beyond.



Lorna McLean

♥ The Power of Love ♥

WWW.LORNAMCLEAN.CO.UK
LORNA@LORNAMCLEAN.CO.UK

Book Suggestions on Soul Midwifery & Spiritual Guidance in Dying

Here's a curated list of insightful books for those interested in soul midwifery, spiritual care for the dying, and understanding the deeper aspects of life's final transition with your friends, family and yourself. These resources can offer some practical wisdom, emotional support, and spiritual guidance for those navigating the end-of-life journey.

Soul Midwives' Handbook by Felicity Warner

A compassionate guide to the art of soul midwifery, providing insight into the peaceful dying process. Warner's work focuses on helping the dying transition with dignity, grace, and support.

A Simple Guide to Achieving a Peaceful Death by Felicity Warner

This book explores the core principles of soul midwifery, offering practical and spiritual advice for guiding people through a peaceful and meaningful death.

Sacred Oils by Felicity Warner

This book explores the therapeutic use of essential oils in the care of the dying, offering a holistic approach to soothing and comforting both the body and soul.

Within the Wisdom of My Soul: A Life's Journey by Yoda Christou

A personal account of a journey through life, blending memoir with spiritual exploration. It offers reflections on death, dying, and the wisdom gained through life's challenges.

Being Rock by Mandy Preece

A heartfelt exploration of the process of dying, using poetic and spiritual reflections to guide both the dying and their loved ones through the end-of-life journey.

Water Bugs & Dragonflies: Explaining Death to Children by Doris Stickney

A simple, beautiful story for children to help them understand the concept of death in a gentle, non-threatening way.

Book Suggestions on Soul Midwifery & Spiritual Guidance in Dying

Graceful Passages by Michael Stillwater & Gry Malkin

A combination of spiritual guidance and music, this book offers messages of peace and comfort to those facing the end of life and to those supporting them.

With the End in Mind by Katheryn Mannix

This book explores the author's experiences as a palliative care doctor, offering insights into the human experience of dying and the importance of approaching death with care, compassion, and understanding.

Listen by Katheryn Mannix

A thoughtful exploration of the essential art of listening, particularly in the context of end-of-life care, offering wisdom on how to truly hear and support the dying.

To Bless the Space Between Us by John O'Donohue

This collection of poetic reflections offers a spiritual perspective on death, grief, and the spaces between life and death, providing solace and wisdom.

Questions on Death & Dying by Elisabeth Kübler-Ross

A foundational work that presents the five stages of grief and offers deep insight into the psychological and emotional processes of dying and bereavement.

The Art of Dying by Peter Fenwick & Elizabeth Fenwick

This book delves into the science and spirituality of dying, addressing both the medical and metaphysical aspects of death.

Living our Dying edited by L Butler & S Templeton

Inspired by the work of the late David Donnison, 32 wrtiers, belnding prose, poetry, looking at dying and the process of dying.

Book Suggestions on Soul Midwifery & Spiritual Guidance in Dying

Dying Consciously: A Guide for Those Who Are Dying and Those Who Care for Them
by Marilyn Schlitz, Tina Amorok & Tom A. Mathews
This book encourages both those who are dying and their caregivers to face the inevitable with consciousness, openness, and peace.

The Tibetan Book of Living and Dying
by Sogyal Rinpoche
A spiritual classic that explores Buddhist teachings on death and dying, offering a profound perspective on how to live fully and prepare for death with wisdom and compassion.

The Denial of Death
by Ernest Becker
A thought-provoking exploration of how denial of death shapes human culture and behaviour, and how acknowledging mortality can lead to a more authentic life.

Understanding Special Awareness, Needs, & Communications of the Dying
by Maggie Callanan & Patricia Kelley
A sensitive and insightful book that explores the unique emotional, spiritual, and psychological needs of those nearing the end of life, helping caregivers respond with compassion and understanding.

The Last Ecstasy of Life:
Celtic Mysteries of Death and Dying –
by Phyllida Anam-Áire

Providing a deep spiritual understanding of the mysteries of death and the afterlife, this courageous book combines Celtic and Christian wisdom to dispel the fear of dying and invites us to live consciously and with love to our very last breath.

Book Suggestions on Soul Midwifery & Spiritual Guidance in Dying

Get Ahead of Being Dead: Your Handy Planner for the End of Life
by Evie King

Welcome mortal, to your little book of death homework. A practical, compassionate and laugh out loud guide to preparing for the end. An informative, practical and yet highly entertaining read from former comedian and council funeral officer Evie King, who walks you through everything you need to sort your death out, so others don't have to. Have you ever sat down and thought about what happens after you die? And have you told anyone what you want when you're gone? Probably not. Sort your death out, so you can get on and enjoy the rest of your life.

A Celtic Book of Dying: The Path of Love in the Time of Transition
_ by Phyllida Anam-Áir Phyllida

presents the sacred meditation of traveling with the dead as held by an anam-áire or soul carer. She also offers suggestions for Celtic rituals, prayers, and blessings for support. She addresses many practical questions around care for the dying during and after the process, including the importance of silence

There are many more books out there to help us navigate, prepare and better understand this One sure thing in Life. These books can provide valuable perspectives on soul midwifery, spiritual care, the art of dying with dignity, death doula work and the natural care at end of life for our loved ones. Whether you are a caregiver, a soul midwife, or someone looking for deeper understanding, these resources can offer wisdom, guidance, comfort ♡





www.lornamclean.co.uk